

Level IV --- Turns to Redock

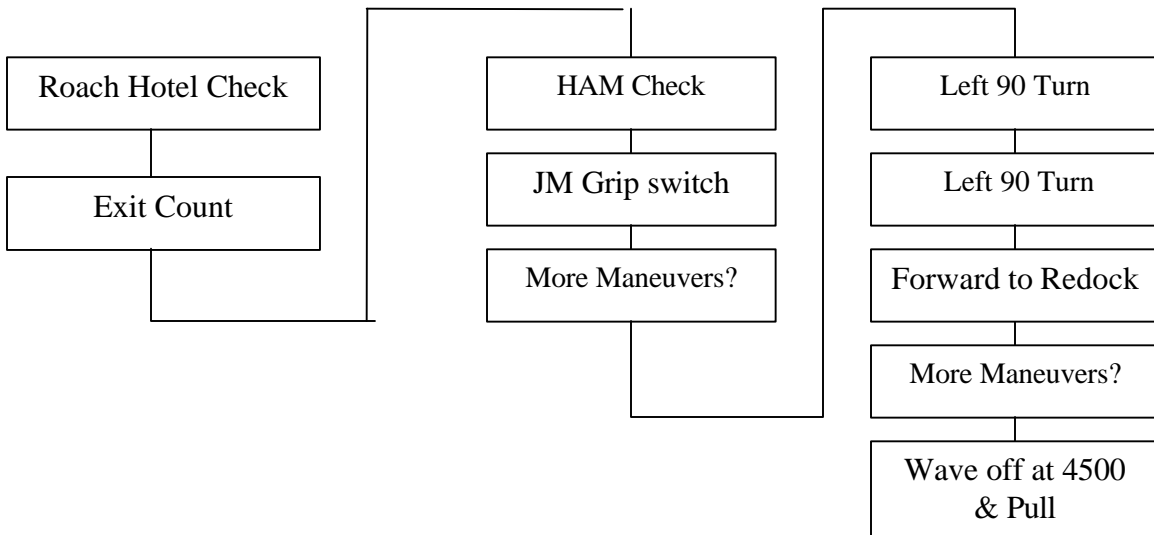
You are now halfway through the AFF program. In the aircraft you should be paying careful attention to the spotting procedures. On the ground, you should be well along learning how to do a Jump Master Personnel Inspection and packing (see the [packing handout](#) for information on this). Under canopy try using risers (front and rear) for control up high.

Though you are still a student, you should start preparing for the time when you will be off student status and jumping on your own. Safe skydiving requires good equipment. Begin talking with your instructors about what type of equipment you should purchase. It is recommended that you start by ordering an appropriately sized jumpsuit, helmet, goggles and altimeter. In fact, you can begin using these items before you complete the AFF program.

TLOs

- Start and stop controlled turns.
- Forward motion to redock.
- Wave off, then pull at or above 3000 feet.

Dive Flow



Running Description

Roach Hotel Check

Check In, but no check out.

Exit Count

C- 206 Prop, Right, Left, Arch;

HAM Check

Heading, Altimeter, Main JM.

JM Grip switch

Jumpmaster switches from side to front.

More Maneuvers?

Check Altimeter, if above 6000 feet signal with a nod yes. If below 6000 feet signal with a head shake no. In either case, JM has the final authority.

90 degree Turns

Performed using a combination of bending and tilting the upper body. Initiate by looking over the arm in the direction of the turn. Bend upper body toward the turn at the waist and tilt shoulders by raising the shoulder opposite the direction of the turn by 3--4 inches. Keep arms in the same position at the shoulders and elbows; all motion should originate at the waist. Recover to box man as new heading is attained.

Forward to Redock

. At the completion of the 2nd turn, the JM will back up from 5--10 feet. Move forward by extending legs at the knees and bending arms at the shoulders. Keep elbows locked at 90 degrees. Hold position until redocked on JM, then recover to boxman.

More Maneuvers?

Yes if above 6000, else no.

Wave Off

at 4500 feet by crossing hands above head twice with a large sweeping motion of the arms.

Pull

at 4000 feet.

Primary Canopy Check

Shape, Spin, Speed, Twist.

Release Toggles, Secondary Canopy Check, Controllability Check.

Canopy Control

halfway down, halfway back. *Flare* at 10 feet, knees together, *PLF* if necessary.

Collapse the Canopy, Field Pack, and Return.

www.skydivetherockies.com

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