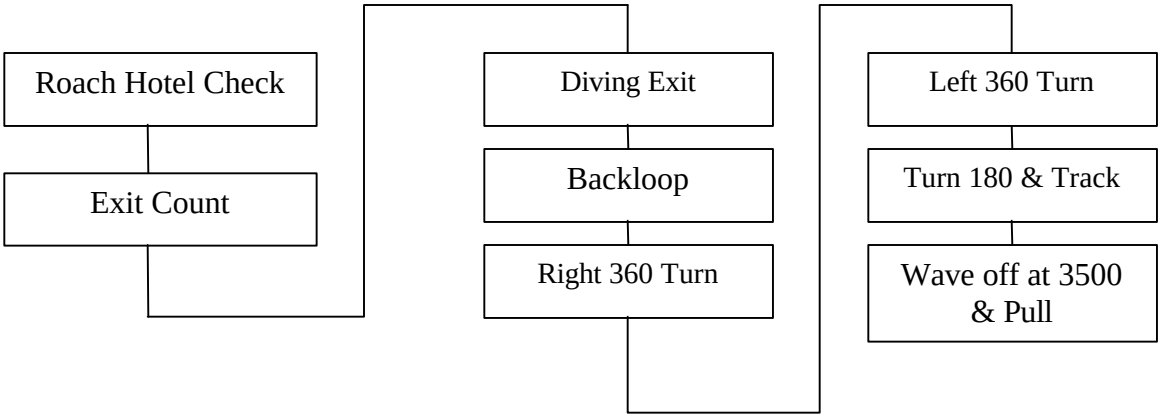
Level VII --- Clearance Dive

By now all of this should be easy. Good luck. Once you complete this level, you're ready to skydive on your own.

TLOs

- Demonstrate ability to inspect, don and adjust equipment correctly.
- Demonstrate ability to inspect and pack main canopy.
- Explain and demonstrate knowledge of RW safety procedures.
- Brief pilot and spot correctly without assistance.
- Perform a diving exit (solo, no-contact --- maintain or recover control).
- Intentional front loop.
- Chain of controlled maneuvers.
- Tracking.
- Wave off, then pull at or above 3000 feet.
- Land within 25 meters of target without radio assistance.

Dive Flow



Running Description

Roach Hotel Check
: *Check In*.

Exit Count
: C-206 *Out, In, Arch*

Solo Diving Exit
: performed by diving head first from the aircraft. Immediately arch and extend arms out over head to the ``superman'' position. Recover back to the boxman position.

Frontloop

performed by pulling arms to sides and bending sharply forward at waist while ``kicking'' legs straight at knees. Recover to boxman position as you see green again.

Half Series.

Perform two alternating 360 degree turns followed by a backloop.

Track

until 4500 feet.

Wave Off

by 3500 feet.

Pull

by 3000 feet.

Primary Canopy Check

Shape, Spin, Speed, Twist.

Release Toggles

Secondary Canopy Check

Slider, Endcells, Tears, Lines.

Controllability Check

turns and flares OK.

Canopy Control

halfway down, halfway back.

Setup For Landing

Downwind at 1000', *Base* at 500', *Final* at 200'.

Flare

at 10', feet and knees together, *PLF* if necessary.

Collapse the Canopy, Field Pack, and Return.

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www.skydivetherockies.com
10 March 2001